



## Earth Seed Bombs

### Materials:

- 3 Packages of Flower Seeds
- 3 Sheets of Construction Paper (Blue, Green, and White)
- Food Processor/Blender
- Scissors
- Water
- 3 Small Containers
- Cutting Board/Baking Tray

### Instructions:

1. Cut your blue, green and white construction paper into one-inch squares. Place each color into three separate small containers.
2. Add water to each construction paper container and let the paper soak for 20 minutes.
3. Squeeze the excess water out of the construction paper from each container.
4. Pick a container and place the construction paper in a food processor or blender and pulse until the paper becomes pulp. Place the pulp back into its container. Repeat this step with the other two colors until you have three containers of pulp.
5. Divide the packages of seeds between the three containers gently mixing them into each pulp.
6. Take a bit of each color paper to form balls that look like Earth.
7. Place your homemade Earth Seed Bombs on a cutting board or baking tray to dry.
8. Your Earth Seed Bombs are ready! Plant them in your favorite flowerpots or flowerbeds and help them grow by taking care of them every day.

Did you know that planting flowers helps reduce the amount of carbon dioxide in our environment? They take in carbon dioxide and create oxygen for us to breathe.

