

# NEISD Community Ed Classes At the Garden Fall 2010



To register for any of the classes below, please go online to [www.communityed.neisd.net](http://www.communityed.neisd.net).

## For Kids



### **Little Sprouts: Best Buds**

*Session 1: Mondays, beginning Sept 20 for 4 weeks*

*Session 2: Wednesdays, beginning Oct 27 for 4 weeks*

Come join us at the San Antonio Botanical Garden for four weeks of learning and fun. The "Little Sprouts: Best Buds" program is open to preschool age children (3-4 years) and their parents. These exciting parent-child classes will include storytelling, singing, crafts and exploring the gardens. Each week will focus on a different theme. Week 1- How Flowers Grow, Week 2- Bugs in the Garden, Week 3- Food in the Garden, Week 4- Butterflies and Bees. Each class meets weekly from 10 am-12 pm. Fee: \$59. \$10 supply fee payable to instructor at the beginning of class.

## Adult Classes

### **Capturing the Garden's Fall Light: Plein Air Oil Painting**

Mondays, beginning September 20 for 8 weeks, 9:00 am - noon

Experience en plein air (in open air) painting in a delightful area of the San Antonio Botanical Garden. Join professional artist Marion Field Koch in the Gardens and learn to transpose the colors, values and edges in nature to your own canvas while enjoying the beauty of nature all around you. Learn to mix, compare and adjust colors, paint wet into wet, compare brush versus palette knife, combine thick and thin painting techniques and discover visual relationships. You'll understand placement and proportion, how to control color and many more design principles. A supply list will be provided at the first class. Fee: \$119. Meet at the main Carriage House entrance and plan to pay the \$7 entrance fee or purchase a yearly admission to the Garden for \$45.



### **Floral Watercolors in the Garden**

Thursdays, beginning September 23 for 8 weeks 9:00 am - noon

Join noted local watercolorist, Lesta Frank as she demonstrates how to draw and paint watercolors of flowers and plants at the San Antonio Botanical Garden. In this session, you will focus on drawing to strengthen your watercolors. You will experiment with various ideas for compositions to create interest and drama in your floral paintings. No experience necessary. Fee: \$119. Meet at the main Carriage House entrance and plan to pay the \$7 entrance fee or purchase a yearly admission to the Garden for \$45. Obtain a supply list at [www.communityed.neisd.net](http://www.communityed.neisd.net).

Please see the reverse side for additional classes.

## Tai Chi in the Garden

Saturdays, beginning October 2 for 12 weeks, 9:00 am - 10:00 am

The ancient art of tai chi uses gentle flowing movements to reduce the stress of today's busy lifestyles and improve health. Anyone, regardless of age or physical ability, can practice tai chi. Instructor, Ming Xie, has been training in and teaching tai chi for over 25 years. Enjoy the beautiful San Antonio Botanical Garden while practicing this "meditation in motion." Fee: \$100. Students may pay \$7 admission fee each week at the main gate or purchase yearly admission to the garden for \$45.



## Designing Herbal Landscapes

Saturday, October 9 from 9:00 am - Noon

Learn how to design beautiful, fragrant and useful herbs into your existing landscapes or new herbal spaces. Herbalist and designer Diane Lewis will discuss history, design basics and planning, the roles different herbs play in the landscape, how to select the right herbs for specific spaces, compatible hardscape elements such as paths and boulders, and theme gardens. You will design your herb garden on graph paper and take a short tour of the herb gardens and other notable garden spaces at the San Antonio Botanical Garden. Fee: \$41. A \$5 supply fee payable to the instructor covers materials, herbal snacks & beverage and recipes. Admission into the Garden included in the cost of tuition.

## Herbs for the Garden, Kitchen & Bath

Saturday, October 23 from 9:30 am - 1:00 pm

Savor the joys of an edible and useful landscape! Herbalist and horticulturalist Diane Lewis will present a PowerPoint presentation with great herb pictures and will discuss the herbs best suited to our area and how to blend them into everyday life. Learn how to cultivate, harvest and store herbs and save money! Have fun learning how to make a relaxing tea blend and bath salts with samples to take home.

Enjoy lunch (recipes will be provided) and a guided tour of the herb gardens at the San Antonio Botanical Garden. Fee: \$43. A supply fee of \$10 is payable to the instructor and covers materials, herbal tea, bath salts and an herbal-based lunch. Admission to the garden is included in the cost of tuition.



## Savoring the Herbal Harvest

Saturday, November 27 from 10:00 am - 1:00 pm

Tour the herb garden at the San Antonio Botanical Gardens with herbalist Diane Lewis and find out the best way to harvest fresh herbs for flavorful culinary creations and garnishes. Come inside and learn how to use them to make delicious, quick and easy dips, spreads, salsa, salad dressing, soup, and more. Learn the best way to dry herbs and observe how to preserve fresh herbs in tasty herbal butters, pesto, and vinegars. Take home a sample of an herbal salt-free blend made with dried herbs in class. Recipes will be provided. Fee: \$41. An additional \$10 food fee payable to the instructor covers materials, samples, and lunch made with these herbal creations. Admission into the Garden is included in the cost of tuition.



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